



COVID-19 CAMP PROTOCOL

Effective June 1, 2020

Throughout summer programming, your child's safety is our top priority. We are following guidelines from the CDC, as well as state and local health officials, and we will act in accordance with government directives and recommendations. TVS will have a licensed medical professional on site during camps. **Please note that summer programming may be discontinued at any time if it is deemed to be no longer safe.**

All camp staff members, instructors, coaches and volunteers are undergoing health and safety training education specific to COVID-19 precautions. This includes but is not limited to strict hand hygiene, social distancing, as well as cleaning and disinfecting procedures. Additionally, all camp staff and volunteers will have their temperatures checked daily upon arrival at TVS.

Please review the CDC's guidelines regarding individuals who are at higher risk for severe illness and discuss with your primary care physician if you have questions or concerns about your child and whether or not he/she should attend camp.

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>

Drop-off and Arrival Procedures:

- ☐ Drop-off will be limited to two areas on campus. Any one entering campus is required to comply with screening procedures. The two drop-off locations will be the Lower School carpool area and the Athletic complex area. A map and additional information about drop-off locations and procedures will be included in the family letter sent prior to camps beginning on June 1st.
- ☐ PLEASE NOTE that there will be staggered drop-off and pick-up times for all campers. Your specific drop off and pick up location as well as times will be communicated to you via email prior to the camp start date. General camp times will be 8:30 am to 4:00 pm.
- ☐ All parents and siblings not attending camp must remain in their vehicle for drop-off and pick-up. No gathering or congregating will be allowed.

- ❑ School personnel and Xplore staff will check your camper's temperature, while in your vehicle, with an infrared thermometer. Any camper with an elevated temperature of 100.0 degrees or higher, will not be able to attend camp. We recommend contacting your pediatrician's office for further instruction. Please ensure that your camper's nose and mouth are covered by a mask or face covering when the temperature is taken.
- ❑ Whether or not you are carpooling with others, please note that if any child in your vehicle has fever of 100.0 degrees or higher, none of the other children in your car may stay at camp, and the child/ren with the fever should be evaluated by a physician for further instruction.
- ❑ If you are an Upper School participant driving yourself to a summer program (example: Trojan Power), you must drive through the carpool area to have your temperature checked while you remain in the vehicle. Please ensure that your nose and mouth are covered by a mask or face covering when your temperature is taken. If you have an elevated temperature of 100.0 degrees or higher, you will not be able to attend the program. If your temperature is below 100.0, you may then park your vehicle and prepare to join the program.

Masks:

- ❑ **We HIGHLY RECOMMEND that all campers wear a mask/cloth face covering as tolerated while indoors;** however, it is not required per state guidelines. We understand that most of our youngest campers will find it challenging to wear masks/face coverings. However, it is the best practice to follow. Instructors and staff will reinforce and encourage the wearing of masks/face coverings.
- ❑ Each family is responsible for providing the camper's mask. There are many online resources for purchasing non-medical masks for children. One such source is <https://www.etsy.com/market/masks>.
- ❑ Proper mask wearing requires covering the nose and mouth. Instructors and staff will reinforce the proper wearing of masks and face coverings.
- ❑ All staff members including camp volunteers will be required to wear a mask/cloth face covering (they may remove it while outside if meeting the required social distancing from others).
- ❑ We will offer campers breaks from wearing masks any time they are outside, if they simply need a break, and of course while having lunch or a snack. During those times, children will be required to stay 6 feet apart to observe social distancing requirements.
- ❑ It is best to have several masks at home so that you can keep them washed on a regular basis. Sending an additional clean mask, packed in a ziploc bag, in the camper's lunch box or backpack is recommended. For more information on mask wearing and recommendations, we have included a link to the CDC.
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

Hand Hygiene Procedures:

- ☐ All campers, staff, and volunteers will be required to wash hands upon arrival to TVS.
- ☐ Throughout the duration of each camp week, we will educate campers on safe hand hygiene practices. There will be required hand hygiene intervals via hand washing, hand sanitizing wipes, and hand sanitizer. These include, but are not limited to:
 - ☐ Prior to eating (lunch and/or snack)
 - ☐ Following lunch or snacks
 - ☐ After using the restroom
 - ☐ After sneezing or if using a tissue to blow their nose
 - ☐ Before and after playing outside, or other activity changes
 - ☐ Prior to going to the designated pick up locations
- ☐ Staff and volunteers will wash hands and apply gloves if any assistance is needed with opening lunch or snack items.

Camp Capacities, Cohorts, and Distancing:

- ☐ Camp capacities will be closely monitored and aligned with safety measures that consider the nature of the activity and the location of camps (indoors vs. outdoors). We will continue to monitor this situation as the summer season progresses and expand capacities, if it is safe to do so.
- ☐ Each camp session will be considered a cohort during the time(s) designated for that camp. To the extent possible, this cohort will remain consistent throughout the weeklong program.
 - ☐ For camps with larger capacities, such as sports and day camps, the larger group will be separated into smaller cohorts for daily activities.
- ☐ Limited mixing will be practiced throughout the summer. Mitigating measures such as distancing and masks/face coverings will be practiced when mixing does occur.
- ☐ In order to maintain limited mixing between camper groups, Lunch Bunch will occur in various locations on campus, including the Main Dining Hall, classrooms, and outdoors. Campers will be spaced out following the recommended distancing recommendations (approximately 6 feet or more).
- ☐ Staggered drop-off and pick-up times will support physical distancing measures.
- ☐ Campers will not cluster or gather in large groups upon arrival or prior to departure, but will be spaced out following the recommended distancing recommendations.
- ☐ Other measures taken to support physical distancing include clear signage to assist with spacing out of campers in classrooms and eating areas.

Lunch and Snack Procedures:

- ☐ If your child is registered for Lunch Bunch, he/she will wash hands first prior to eating.
- ☐ In order to maintain limited mixing between camper groups, Lunch Bunch will occur in various locations on campus, including the Main Dining Hall, classrooms, and outdoors.

Campers will be spaced out following the recommended distancing recommendations (approximately 6 feet or more).

- ☐ Lunch Bunch will be supervised and monitored by camp staff.
- ☐ Following lunch, each camper will be given a hand sanitizing wipe or will wash hands immediately and reapply their mask (if able to wear one).
- ☐ For snacks, campers will wash hands and be spaced out following distance requirements, whether eating indoors or outdoors.
- ☐ You may send your child with a snack from home, if you prefer.
- ☐ Campers will be reminded not to share any part of their lunch or snacks with others.
- ☐ Following snacks, campers will use a hand sanitizing wipe or wash hands.

Outdoor Procedures:

- ☐ While campers are outside during camp for activities or play, they will be reminded of social distancing and will wash hands or use sanitizer upon re-entering the building.
- ☐ Only one camp group will be allowed on any playground or play area at one time.

Facility Policies and Procedures:

- ☐ All camp classrooms will be cleaned and disinfected on a daily basis.
- ☐ Toys and teaching aids will be routinely cleaned and disinfected.
- ☐ All restrooms will be cleaned and disinfected regularly throughout the camp day.
- ☐ Cleaning products will not be used near children.
- ☐ Campers will be directed to space out personal belongings to the extent possible.
- ☐ Water bottles will not be provided. Participants must bring their own personal **labeled** bottle.

COVID-19 Symptoms, Positive Cases, and Return to Camp:

Symptoms of COVID-19 may develop within 2-14 days after exposure to the virus and may include the following:

- ☐ Fever
- ☐ Cough
- ☐ Shortness of breath or difficulty breathing
- ☐ Headache
- ☐ Sore throat
- ☐ Muscle pain
- ☐ Chills
- ☐ New loss of smell or taste

Less common symptoms that have been reported:

- ☐ Nausea, vomiting, or diarrhea

Sick Procedures:

- ❑ If your child is showing signs or symptoms of any kind of illness and you send them to camp, this can result in exposure to staff and other campers' families which could be fatal. PLEASE DO NOT SEND THEM TO CAMP IF THEY HAVE ANY SIGNS OR SYMPTOMS OF ANY ILLNESS AND CONTINUE TO MONITOR AT HOME.
- ❑ If your child gets sick while at camp or simply is not feeling well, an instructor or a volunteer, will take him/her to the nurse's office to be assessed by one of our Registered Nurses or Athletic Trainers.
 - ❑ Your child's temperature will be taken to determine if he/she may remain at camp.
 - ❑ If your child has one of the following symptoms: fever, cough, or other symptoms of COVID-19 and is not already wearing a mask, the medical staff will place a mask on the camper and contact you for immediate pick up. The camper and any siblings should be picked up within 45-60 minutes of the initial call to the parent.
 - ❑ We ask that you please pick up your child(ren) as soon as possible. If you are not able to come, please be sure you have someone that can.
 - ❑ You or the designated pick-up person for a sick child will be required to stop at the entrance gate for temperature screening. All campus visitors are required to have temperatures checked upon entry. Please ensure that your mouth and nose are covered by a mask or face covering when the temperature is taken.
- ❑ If your child is experiencing any symptoms of COVID-19, we recommend that you contact your pediatrician and follow CDC and local health department guidelines regarding self-quarantine for the camper and any siblings also attending camp. The same practices will be followed for camp instructors and staff who have children at camps, as well as volunteers.
- ❑ If your child is being tested for COVID-19, please contact Nicole Forbes and Amy Coats, RN, BSN. We will request a follow up with the results in order to move forward with contact tracing and the proper disinfection procedures. The same practices will be followed for camp staff and volunteers. forbesn@trinityvalleyschool.org and coatsa@trinityvalleyschool.org
- ❑ If your child tests positive for COVID-19 and attended at least 1 day of camp, we will need to contact all parents within that specific camp. This will be done without disclosing your child's name. The same practices will be followed for camp staff and volunteers. **A positive COVID-19 test could result in the cancellation of camps.**
- ❑ If your child tests negative for COVID-19 and your pediatrician feels that he/she is able to safely return to camp, you will need to provide a note from the physician stating this.
- ❑ **When a camper or staff member tests positive for COVID-19, all three of the following criteria must be met in order for the camper and staff member, as well as any siblings or children attending camp to return:**

1. At least 3 days (72 hours) have passed since recovery (no longer running fever without the use of fever-reducing medications)
 2. Improvement of symptoms (cough, shortness of breath, headache, etc)
 3. At least 10 days have passed since symptoms first began
- ☐ If a camper, staff member, or volunteer is displaying symptoms of COVID-19 and does not get evaluated by a medical professional or tested, the individual is assumed to have COVID-19. The individual may not return to camp until the same three steps mentioned above have been met. If the individual has any family members attending camp, they too will be asked to follow the three steps mentioned above.

Xplore Family Commitment:

We understand that you are entrusting us with your child. Our goal continues to focus on providing as many in-person weeks of camp as possible with safety as the top priority. We are committed to working hard in the coming weeks and months, and we ask that you also commit to the role that your family plays in making summer the safest experience for everyone.

There are some things that we ask of you in order to help keep everyone safe and healthy. **It is important to note that if your child is showing signs or symptoms of any kind of illness and you send them to camp, this can result in exposure to staff and other campers' families which could be fatal. PLEASE DO NOT SEND THEM TO CAMP IF THEY HAVE ANY SIGNS OR SYMPTOMS OF ANY ILLNESS AND CONTINUE TO MONITOR AT HOME.**

- ☐ Please check your child's temperature at home before coming to camp. If your child has a fever of 100.0 or higher, STAY HOME and contact your pediatrician's office for further instruction.
- ☐ If your child seems "off" and is not eating or drinking as he/she normally does prior to coming to camp, he/she may be getting sick. STAY HOME and continue to monitor his/her condition.
- ☐ Please do not give your child fever-reducing medications prior to camp. If he/she has a headache or sore throat, KEEP HIM/HER HOME and continue to monitor. Medications such as Tylenol (Acetaminophen), Advil (ibuprofen, motrin) will mask a fever and could result in exposing others to COVID-19 or other illnesses.
- ☐ If your child has vomited or had diarrhea within 24 hours of attending camp (no matter what you may think the cause be), KEEP HIM/HER HOME. The child may not return to camp until it has been 24 hours since his/her last episode of vomiting or diarrhea.
- ☐ If a family member in your household is diagnosed with COVID-19 or waiting on results of testing, YOUR CHILD WILL NEED TO STAY HOME and follow the recommended quarantine guidelines by the CDC and local health officials.
- ☐ If your child is sick and unable to attend camp, please contact Nicole Forbes and Amy Coats, RN, BSN (forbesn@trinityvalleyschool.org and coatsa@trinityvalleyschool.org).

Additionally, let's work together to keep everyone feeling emotionally safe. 2020 Xplore camps and classes may look and feel a little different. It is normal for participants to feel sad, scared,

angry, confused, or worried. We encourage families to have a conversation about this to ensure that attending summer camp is the right decision for the participant. We also encourage participants to let an instructor, coach, or staff member know if they need to talk or take a break.

Questions:

Thank you for your time in reviewing these important measures, please contact Nicole Forbes if you have any further questions or concerns (forbesn@trinityvalleyschool.org)

Resources:

[American Camp Association Camp Operations Field Guide](#)

[Center for Disease Controls Guidance Documents](#)

[Governor Abbott's Strike Force to Open Texas](#)

[Tarrant County Covid-19 Information](#)

[Cook Children's Checkup Newsroom](#)

[Cook Children's COVID-19 Resources and Education](#)